

國立中正大學社科院心理系教學大綱
109 學年度第二學期

編號: 3655114

授課老師: 徐晏萱

科目名稱: 神經心理治療

英文譯名: Neuropsychological rehabilitation

學分數: 3

修別: 選修(臨床課群)

時間: 三 CD

上課地點: 社科院 463

教學目標: 神經心理取向的認知復健著重在協助腦傷患者達成其心理、社會、及職業功能的最佳化，希望同學藉由這門課學習協助患者趨近此目標的原理與原則。我們將探討常見的認知復健理論與模式，並藉個案討論連結應用層面，了解如何設計合適於患者的治療計畫，作為臨床工作的知識基礎。

授課大綱:

Date	Contents	Assigned reading
2/24	▸ Introduction ✎ Homework 1	--
3/03	▸ Overview of neurorehabilitation for acquired brain injury	📖 Wilson Ch. 1 📖 Sohlberg Ch. 1, 3-4 📖 Haskin 1.9
3/10	▸ Neurorehabilitation framework for dementia	📖 Clare Ch. 2, 5-6 (before pp. 71) 📖 Research update
3/17	▸ Toward evidence-based practice	📖 Wilson Ch. 2 📖 Research update based on Sohlberg Ch. 2
3/24	▸ Goal-setting and key variables for effective intervention ✎ Homework 2	📖 Wilson Ch. 3 📖 Clare Ch. 9 📖 Haskins Ch. 1.7
3/31	▸ Disease-specific education group ❖ Project report 1	📖 Wilson Ch. 5
4/07	▸ Rehabilitation for attention and executive function	📖 Haskins Ch. 4 📖 Haskins Ch. 2

		Wilson Ch. 6
4/14	▸ Metacognitive training	Sohlberg Ch. 8
	✎ Homework 3	
	▸ Rehabilitation for hemispatial neglect	Haskin Ch. 5
4/21	Midterm	
4/28		Sohlberg Ch. 5
5/05	▸ Rehabilitation for memory	Haskins Ch. 3
5/12	❖ Project report 2	Sohlberg Ch. 7
	✎ Homework 4	Wilson Ch. 7
	▸ Training multiple-step routine	Clare Ch. 8
5/19	▸ Rehabilitation for social communication	Sohlberg Ch. 6
	❖ Project report 3	Sohlberg Ch. 9 Haskin Ch. 6.5-6.7 Wilson Ch. 11
5/26	▸ Mood management and psychological support	Wilson Ch. 8-9
6/02	▸ Dementia care	--
6/09	▸ Outcome evaluation	Clare Ch. 10
6/16	▸ Final thoughts	
6/23	Final	

成績考核標準：

1. 口頭報告 30%
2. 隨堂作業 10%
3. 期中考 25%
4. 期末考 25%
5. 課堂參與 10%

指定閱讀：

Clare, L. (2008). *Neuropsychological rehabilitation and people with dementia*.

Hove, East Sussex: Psychology Press.

Haskins, E., Cicerone, K., Dams-O'Connor, K., Eberle, R., Langenbahn, D., Shapiro,

& A., Trexler, L. (2011). *Cognitive Rehabilitation Manual: Translating*

Evidence-Based Recommendations into Practice. Reston, VA: ACRM

Publishing

Sohlberg, M. M., & Turkstra, L. S. (2011). *Optimizing Cognitive Rehabilitation:*

Effective Instructional Methods. New York: Guilford.

Wilson, B. A., Gracey, F., Evans, J. J., & Bateman, A. (2009). *Neuropsychological*

Rehabilitation: Theory, Models, Therapy and Outcome. Cambridge University

Press

參考文獻：

Wilson, B. A. & Betteridge, S. (2019). Essentials of Neuropsychological Rehabilitation. The Guilford Press.

Wilson, B. A., Winegardner, J., van Heugten, C. M., & Ownsworth, T. (2017). Neuropsychological Rehabilitation: The International Handbook. Routledge, Taylor & Francis Group.

❖請尊重智慧財產權，不得非法影印教師指定之教科書籍。

(暫定)

- ✎ **Homework 1:** Paired up and develop 1~3 goals to achieve in life.
- ✎ **Homework 2:** Do a formal goal setting
- ✎ **Homework 3:** Designing and writing up a meta-cognitive training program
- ✎ **Homework 4:** Practicing memory strategies, *e.g.*, chaining
- ❖ **Project report 1:** Psycho-education
- ❖ **Project report 2:** Attention-executive training
- ❖ **Project report 3:** Memory training
- **Case illustration:** Wilson Section 3, Ch. 13-21, or other literatures