

National Chung Cheng University

Syllabus for Sports English Listening and Speaking, Fall Semester, 2026

國立中正大學 115 學年第一學期「運動英語聽講」授課大綱

Course 科目名稱	運動英語聽講				Course Number 科目代號	3902009
English Course 英文名稱	Sports English Listening and Speaking				Instructor 授課教師	Chiho Yang 楊志和
Program 授課班別	Undergraduate ☒ 學士班 ☐ 進修學士班 Master's ☐ 碩士班 ☐ 碩士專班				Classroom 上課教室	Room 103, Dept. of Athletic Sports 運動系館 103 教室
Credits/ Hours 學分數/時數	0/2	Time 授課時間	Wednesday 週三 10:10-12:00	修別	☒ Required 必修 ☐ 必選 ☐ Optional 選修	
With Teaching Assistant 本課程是否配置教學助理 或助教輔導教學		☒ Yes 是 ☐ No 否		Office Hours 辦公室 時間	Wednesday 週三，13:00-16:00 Rm. 602, College of Social Sciences, Bldg. II (社科院二館 602) Email: libchy@ccu.edu.tw	
A. Course Outline 課程概述	This is an EMI (English as a Medium of Instruction) course aiming to enhance students' listening and speaking abilities of sports English. Based on textbooks and online resources, the course introduces basic sports vocabulary and trains students' listening and oral expression in English. Students are also grouped according to their specialties, and each group is required to give an oral presentation in English to train their speaking ability, including the basic terminology, regulations and related videos on their specialty. 本課程採全英語授課，目的在提升學生的運動英語聽講能力。除透過教科書與網路資源介紹一般運動英語詞彙並訓練學生聽力與口語表達，另依修課學生專長分組，各組蒐集專長領域的基本術語、規則介紹與影音資料，並以英語提出口頭報告，藉以提升學生英語表達能力。					
B. Course Objectives 教學目標 (標註能力指標)	1. To enhance general listening and speaking abilities of sports English. (A, C) 提升運動英聽講的整體能力 (A, C) 2. To learn basic vocabulary of sports English for listening comprehension and oral expression. (C, F) 學習聽力與口語表達所使用的運動英語基本詞彙 (C, F) 3. To acquire professional terminology and related knowledge in athletic specialties in English (B, D, F) 獲得不同運動項目的英文術語與專業知識 (B, D, F) 4. To cultivate self-directed learning and esprit de corps through teamwork. (B, D, E, F)					

	培養自主學習與團隊合作的精神 (B, D, E, F)						
C. Core Competency 核心能力	Basic Knowledge 基礎知能 (A)	Self-study 自主學習 (B)	Application 實務應用 (C)	Cooperation 溝通合作 (D)	Social Care 社會關懷 (E)	Professional Knowledge 專業知能 (F)	Remarks 備註
D. Course Weighting 課程權重%	30%	10%	20%	10%	10%	20%	Total 100% 合計 100%
E. Teaching material outline 教材大綱	Please see H. 請參閱 H 部分						
F. Pedagogy 教學方式	■Lecture 講述 □Forums 討論或座談 ■Problem Based Learning 問題導向學習 □Group Discussion 分組討論 ■Designated topics and projects 專題學習 ■Applied Learning 實作學習 ■Presentations 發表學習 □Internships 實習 □Tour and Visits 參觀訪問 ■Others 其它 (social media and youtube 社群網站、網路影音平台)						
G. Assessment 教學評量	Grading 成績項目	Marks 配分	Scoring Method 評量方式	Precise Marking 細項配分	Explanation 說明		
	Group presentation 分組報告	30%	Oral expression 口語表達	15%	Each member taking part in introducing specialty terminology, regulations and videos in English 每位組員以英語報告專長運動詞彙、規則與影片導覽		
			Content 報告內容	15%	Quality of content 報告的內涵與品質		
	Examination 考試成績	50%	Mid-term exam 期中考試	25%	Evaluation on basic vocabulary and listening ability of sports English. 基本運動英語字彙與聽力評量		
			Final exam 期末考試	25%	Evaluation on basic specialty terminology and listening ability of sports English. 專項運動英語詞彙與聽力評量		
	Performance 平時成績	20%	Attendance 出席	20%	Participation and punctuality 準時上課		
			Participation 參與討論		Class discussion and Q & A 課堂討論與回答教師提問		
H. Program Schedule 進度表	Week (date) 週別 (日期)	Units and Content 單元名稱與內容			Remarks 備註		
	1 (09/09)	Class introduction & specialty grouping			Announcement and grouping of students based on specialty. 課程重點說明與專長分組		

		課程說明；專長分組	
	2 (09/16)	A. Basic sports vocabulary (1) B. Grouping and presentation date settled C. Group discussion (1) A.運動術語概述(一) B.專長分組與報告日期確定 C.分組討論(一)	Introducing basic sports English vocabulary; finalizing specialty groups and presentation dates ; beginning of group discussion. 介紹運動英語詞彙； 確定分組與報告日期； 開始分組討論
	3 (09/23)	A. Basic sports vocabulary (2); B. 2018 Winter Olympics (EZ TALK pp.6-7) C. Group discussion (2) A.運動術語概述(二) B. 2018 冬季奧運 C.分組討論(二)	Beginning of lectures on textbook units 開始教科書上課
	4 (09/30)	A. Basic sports vocabulary (3) B. 2018 Asian Games (EZ TALK pp.20-21) C. Group discussion (3) A.運動術語概述(三) B. 2018 亞運 C.分組討論(三)	
	5 (10/07)	A. Basic sports vocabulary (4) B. The World Cup (EZ TALK pp.10-11) C. Group discussion (4) A.運動術語概述(四) B.世界盃足球賽 C.分組討論(四)	
	6 (10/14)	A. Exercises You Can Do at Home (EZ TALK pp.40-41) B. Group discussion (5) A.在家就可以做的健身項目例句篇 B.分組討論(五)	

	7 (10/21)	A. Gym Equipment (EZ TALK pp.34-35); Workout Terminology (pp.36-37) B. Group discussion (6) A.健身器材的英文名稱； 健身動作術語 B.分組討論(六)	
	8 (10/28)	A. Demonstration of specialty presentation B. Review on mid-term exam A.專長報告範例說明 B.期中考試重點複習	Demonstration of oral presentation 教師講解分組報告範例
	9 (11/04)	Mid-term examination 期中考試	Assessment of basic vocabulary and listening ability of sports English. 基本運動英語字彙與聽力評量
	10 (11/11)	A. Group 1 specialty presentation B. Group discussion (7) A.第一組專長報告 B.分組討論(七)	Beginning of group oral presentation. 分組報告開始
	11 (11/18)	A. Group 2 specialty presentation B. Human muscle map (EZ TALK p.43) C. Group discussion (8) A.第二組專長報告 B.圖解人體部位肌肉英文名稱 C.分組討論(八)	
	12 (11/25)	A. Group 3 specialty presentation B. Muscle Building Diet (EZ TALK pp. 44-46) C. Group discussion (9) A.第三組專長報告 B.增肌飲食 C.分組討論(九)	
	13 (12/02)	A. Group 4 specialty presentation B. Running – the World’s Oldest Sport (EZ TALK pp. 58-63)	

		C. Group discussion (10) A. 第四組專長報告 B. 跑步-世上最古老的運動 C. 分組討論(十)	
	14 (12/09)	A. Group5 specialty presentation B. High School Sports (EZ TALK pp. 92-94) C. Group discussion (11) A. 第五組專長組報告 B. 國外中學生 vs. 台灣中學生運動文化比一比 C. 分組討論(十一)	
	15 (12/16)	A. Group 6 specialty presentation B. Sporting Goods Made in Taiwan (EZ TALK pp.138-141) C. Group discussion (12) A. 第六組專長報告 B. 台灣製造的運動產品 C. 分組討論(十二)	
	16 (12/23)	Final examination 期末考試	Assessment of specialty terminology and listening ability of sports English 專項運動英語詞彙與聽力評量
	17 (12/30)	Self-directed learning 自主學習	
	18 (01/06)	Self-directed learning 自主學習	
I. Required Textbook 指定用書	(請尊重智慧財產權，不得非法影印教師指定之教科書籍) Piggott, <i>Sports & Fitness</i> (《全民動起來：秒懂運動健身英文》)。台北：EZ 叢書館，2018。		
J. References 參考書籍	梁一萍、黃玉茹， <i>Content Area Readings: Sports</i> (《運動學英文》)。台北：書林，2017。 游宜樺， <i>Go Yard with Sports English</i> (《運動英語紅不讓》)。台北：時報數位，2008。 黃家麗， <i>True Adventures and Exciting Sports</i> (《挑戰海陸空》)。香港：商務印書館，2009。 賴世雄， <i>Sports English</i> (《運動英語通》)。台北：常春藤，2009。		

K. Prerequisite Skills 先備能力	English Communication Skills (Pre-intermediate Level) 通識課程應用英語表達(基礎班)
L. Teaching Resources 教學資源	Textbook, computer, projector, internet 教科書，電腦，投影機，網路
M. Notes 注意事項	1. The weekly schedule is subject to change at the instructor's discretion. 2. Please attend classes punctually. Talking, scrolling, or using mobile phones, earphones, laptops, or tablets is strictly prohibited during class, except for approved instructional activities. Failure to comply after warnings, or committing severe infractions, will result in a failing grade for the semester. 3. Group report on PPT slides is due and should be uploaded on ecourse2 by Sunday before the presentation day. Five points of report grades will be deducted for each overdue day. 4. Students are required to ask for leave in advance on ecourse2, regardless of leave category, and limited to 3 times in total. Failure to do so or a leave exceeding the limit will cause a deduction of 3 points in semester grades. 一、本授課大綱得視教學需要調整。 二、上課請準時；上課期間嚴禁聊天、滑手機或使用手機、耳機、筆電及平板（經授課教師允許之教學互動不在此限）。若有違反上述規定且經勸導未改善、或情節嚴重者，授課教師得依課堂參與表現，直接評定該學期總成績為不及格。 三、分組報告簡報內容須於報告日期之前的週日上傳ecourses2作業區，遲繳一日扣該項作業成績5分。 四、請假不論假別以三次為限且須事先至 ecourse2 討論區登記，未事先請假或超過次數者每次扣學期總成績三分。