

國立中正大學課程大綱

National Chung Cheng University Syllabus

課號 Course Code	3401025	全英文授課 EMI	☒ Yes ☐ No
課程類別 Course Type	☐ Humanities and Care-focused Course ☐ Competition-focused Project Course ☐ Problem-Based Learning Course ☐ Project-based Learning Course ☒ Capstone Course ☐ Practical Course ☐ Internship ☐ Others		
課程名稱（中文） Chinese Course Name	成人發展與學習		
課程名稱（英文） English Course Name	Adult Development and Learning		
學年/學期 Academic Year /Semester	115-1	學分 Credits	3
學系（所） Department	Adult & Continuing Education	必選修 Required/Selected	☒ Required ☐ Elective
上課時間 Class Hours	Monday 10:10-13:00	上課地點 Classroom	TBD
教師 Instructor	Sophia Pan（潘璿安）	教師 email Instructor's email	sophiapan@ccu.edu.tw
助教 Teaching assistant	TBD	助教 email TA's email	TBD
先修科目或先備能力 Prerequisites	Open to all students; no prerequisites are needed.		
課程概述 Course Descriptions	This course introduces students to the field of adult learning and the foundational theories that shape adult education practices. Students will explore key theoretical perspectives, the sociocultural contexts of adult learning, and the application of theory to real-world settings, including workplace learning, community education, and online environments. Through critical reflection, group collaboration, and experiential activities, students will connect theory to practice while addressing contemporary issues such as digital learning, intergenerational education, and equity in adult education.		
學習目標 Learning Objectives	Upon successful completion of this course, students will be able to: • Identify and explain the major theories of adult learning, including andragogy, self-directed learning, experiential learning, and transformative learning. • Examine how social, cultural, and technological factors affect adult learning. • Utilize adult learning theories in diverse educational and organizational settings. • Reflect critically on personal learning experiences and beliefs regarding adult learners.		

	• Collaborate effectively in developing learning strategies for adult learners through team-based inquiry.
教科書及參考書 Textbooks and References	• Merriam, S. B., & Bierema, L. L. (2014). <i>Adult Learning: Linking Theory and Practice</i>. Jossey-Bass. • Findsen, B., Wei, H. C., & Li, A. T. (Eds.) (2022). <i>Taiwan's senior learning movement: Perspectives from outside in and from inside out</i>. Springer. • 胡夢鯨 (2023) 。翻轉成人教學：理論、方法與應用。師大書苑。
教學要點概述	
教材編選 Teaching Materials	☒ PowerPoint ☒ Course Handouts ☐ Self-Compiled Textbook ☐ Teaching Programs ☐ Self-Produced Instructional Videos ☐ Others
教學方法 Teaching Methods	☒ Lecture ☒ Group Discussion ☒ Oral Presentation ☐ Problem-Based Learning ☒ Case Study ☐ Others
評量工具 Evaluation Tools	☒ Midterm Exam ☐ Final Exam ☐ In-class Quiz ☒ In-class Assignment ☒ Homework Assignment ☐ Midterm Report ☒ Final Report ☒ Project Presentation ☒ Assessment Rubric ☐ Others
教學資源 Teaching Resources	☐ Course Website ☒ Downloadable Course Materials ☐ Internship Website
教師相關訊息 Instructor's Information	Office Hours: Tuesday 13:00 PM - 15:00 PM, by appointment via email.
每週課程內容 Weekly Scheduled Contents	
W1: 9/7	Course Introduction and Warm-up Activities
W2: 9/14	9/18 (Fri.) Field-based Learning: 2026 第二屆《超高齡社會的未來生活設計》
W3: 9/21	Introduction to Adult Learning
W4: 9/28	No Class (孔子誕辰紀念日放假)
W5: 10/5	Transformative Learning
W6: 10/12	Experiential Learning & Embodied Learning
W7: 10/19	Critical Theory & Feminist Perspectives Motivation & Barriers to Adult Learning
W8: 10/26	No Class (臺灣光復暨金門古寧頭大捷紀念日補假)
W9: 11/2	*In-class Midterm Exam
W10: 11/9	Cultural & Social Contexts of Adult Learning
W11: 11/16	Adult Learning in the Workplace
W12: 11/23	Invited Lecture
W13: 11/30	Global Perspectives & Intergenerational Learning
W14: 12/7	No Class (Semester-End Project Preparation)
W15: 12/14	Semester-End Project Presentation: Team presentations and peer feedback
W16: 12/21	Semester-End Project Presentation: Team presentations and peer feedback

W17: 12/28	Semester-End Project Presentation (Reserve)					
W18: 1/4	Course Wrap-Up and Reflection					
核心能力 Core Competencies						
核心能力（成教系學士班） Core Competency (Bachelor's Program in Adult and Continuing Education)		本課程與核心能力關聯強度 Degrees of related to Core Competencies				
		1	2	3	4	5
專業能力 Specific Competency	方案企劃 Program Planning					V
	學習設計 Learning Design					V
	經營管理 Management and Administration				V	
共通能力 General Competence	溝通表達 Communication Skills					V
	問題解決 Problem Solving					V
	團隊合作 Teamwork and Collaboration					V
	創意思考 Creative Thinking					V
	國際視野 Global Perspective				V	
	資訊科技 Information Technology				V	

註：關聯強度以五點量表標示，1 表示沒有關聯，5 表示非常有關聯。

Note: The strength of the correlation is indicated on a five-point scale, with 1 representing no correlation and 5 representing a very strong correlation.