國立中正大學社科院心理系教學大綱

113學年度第1學期

編 號 : 3655109

授課老師 : 鄧閔鴻

科目名稱 : 成人心理病理深論

英文譯名 : Advanced Adult Psychopathology

學 分 數 : 3 修別：選修(臨床課群)

時 間：週二14:10-17:00

上課地點：社科院455

**教學目標**：協助學生深入瞭解常見成人心理疾病之臨床特徵、成因、症狀持續原因、及治療策略。以臨床實務、病理假設、及實徵研究結果的探討為基礎，訓練學生具備臨床診斷及剖析、治療心理疾病之能力。

**授課大綱：**

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| 日期 | 內容 | 備註 |
| 9/9 | 課程簡介 |  |
| 9/16 | Panic disorder, Generalized anxiety disorder & Social anxiety disorder | Millon, chapter 5; Barlow, chapter 1, 3, 5 |
| 9/23 |
| 9/30 |
| 10/7 | Posttraumatic stress Disorder | Millon, chapter 6, 7  Barlow, chapter 2, 4 |
| 10/14 | Obsessive-compulsive disorder |
| 10/21 | Mood disorders: biological bases & Depression: social and cognitive aspects | Millon, chapter 8, 9 |
| 10/28 | Therapy for depression: behavioral aspects | Barlow, chapter 9 |
| **11/4** | **期中考** |  |
| 11/11 | Addressing self-injurious thoughts and behaviors within the context of transdiagnostic treatment | Barlow, chapter 11 |
| 11/18 | Bipolar disorder & Eating disorders | Millon, chapter 16  Barlow, chapter 12, 18 |
| 11/25 |
| 12/2 | Schizophrenia & therapy for schizophrenia | Millon, chapter 12,13;  Barlow, chapter 13 |
| 12/9 |
| 12/16 | Alcohol use disorders | Barlow, chapter 14 |
| 12/23 | Treatment of sleep disturbance & Couple Distress | Barlow, chapter 16,19 |
| **12/30** |
| **1/6** | **期末考** |  |

**成績考核標準：**

1. 期中考 40%
2. 期末考 40%
3. 課堂報告 20%
4. 註：第一次(9/24)報告者總成績+3。同時負責報告10/28, 12/16章節同學總成績+3。

**教科書目：**

1. Millon, T., Blaney, P. H., & Davis, R. D. (Eds.). (2015). Oxford textbook of psychopathology (3nd ed.). New York: Oxford University Press.
2. Barlow, D. H. (2021). Clinical handbook of psychological disorders: A step-by-step treatment manual (6th ed.). New York: Guilford.

**參考書目：**

**1.** Kring, A. M., Davison, G. C., Neale, J. M., & Johnson, S. L. (2010). Abnormal Psychology (11th Edition). Hoboken, NJ: John Wiley & Sons, Inc.